

WN Network

World Nutrition Volume 5, Number 2, February 2014

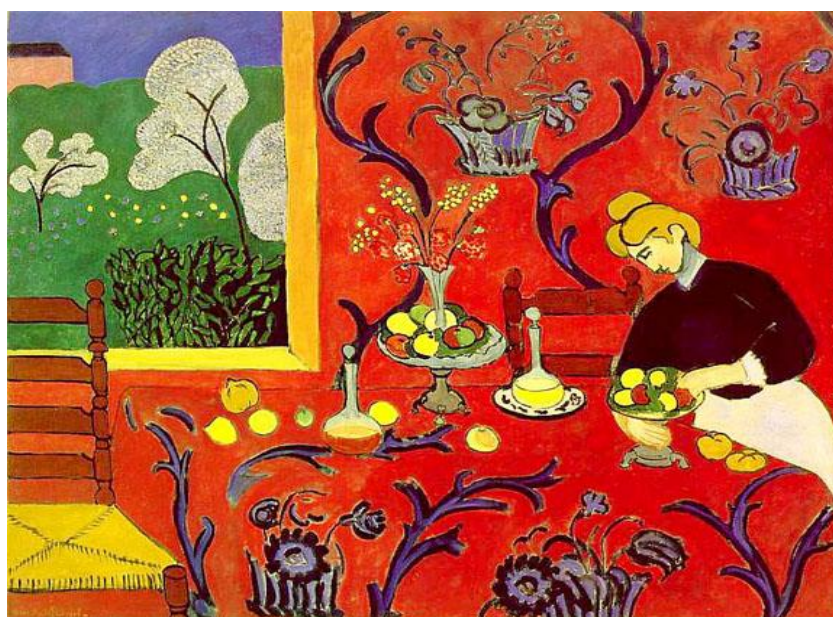
Journal of the World Public Health Nutrition Association

Published monthly at www.wphna.org/worldnutrition/

Henri Matisse. The Dessert: Harmony in Red

The dining room is central

Fabio Gomes writes: Henry Matisse (1869-1954) is the modern master of colour, shape, and the dance. In this 1908 masterpiece in the Hermitage, St Petersburg, he lets us understand why the French live well. It isn't just butter in the North and olive oil in the South, and wine everywhere. It's also delight in the environment in which meals are enjoyed mindfully. The advice in this painting is to make the dining room beautiful as the place for household members every day and for hospitality. This implies that all, starting with children, are engaged with food, its origins, and its preparation and enjoyment, as everyday and special meals.



Editor's note

'Network' is edited by Fabio Gomes. Its purpose is to remind us of the contribution of the arts to our understanding of food, nutrition, health and well-being. Usually it will simply present the art with a caption but without commentary – though we welcome follow-up letters for publication in *Feedback*. Please send contributions to wn.network@gmail.com