WN *Network*

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The Food System
Natural beauty

The Network team writes: Is it an insect? Is it a free-form drawing of a tree? Lovers of pickles or *sauerkraut* will know immediately that the picture below is of the cross-section of a red cabbage, including its bitter inner stalk, its convolutions looking a little like a brain. Like fermentation, pickling is a food process which can be problematic, and also throughout history has also been beneficial. Impoverished villagers in central Europe, and even marauding soldiers, have survived on sturdy hardy cabbages, raw, boiled or pickled. One of the great peasant dishes of Germany is *eisbein* (knuckle of pork) *mit kartoffeln* (potatoes) *und sauerkraut*, with lashings of *senf* (mustard). The picture here is offered simply to exclaim at the beauty of nature



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Editor's note

The purpose of *Network* is to remind us of the contribution of the arts, including photography, to our understanding of food, nutrition, health and well-being. It presents the art without any extensive comment – though we welcome follow-up letters for publication in *Feedback*. Please send contributions to wn.network@gmail.com