

# WN *Network*

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## *Balance*

## **Sharing**

*The Network team writes:* A natural human instinct is to share and to make use of what is available. This is how communities living with nature have developed and sustained secure adequate nourishing food supplies, suitable for all kinds of climate and terrain, throughout history. The instinct thrives in traditional ways of growing food and preparing and serving meals, as can still be seen throughout the pre-industrial world. The beauty of upland rice-growing landscapes is because they manifest centuries of caring and sharing. The beauty of meals presented as colourful patterns of display in many dishes is also testimony to the desire and need to eat together in company. The natural instinct to come together and share survives even in city slums, as seen here in India.



### Editor's note

The purpose of *Network* is to remind us of the contribution of the arts, including photography, to our understanding of food, nutrition, health and well-being. It presents the art without any extensive comment – though we welcome follow-up letters for publication in *Feedback*. Please send contributions to [wn.network@gmail.com](mailto:wn.network@gmail.com)